

Neuro

NeuroFIT

Brain Fitness Programs

Cognitive Training as Building Blocks



From an early age, Mental Exercise is important

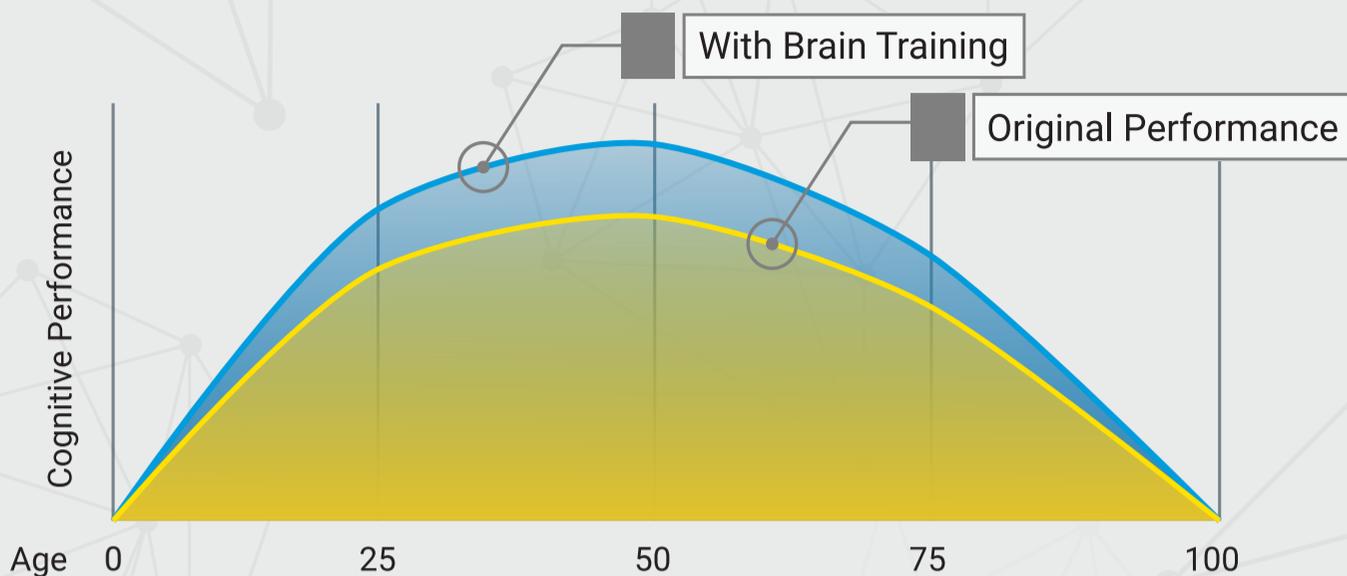
Neeuro's programs and technology can help train your cognition for school and everyday life.

Cognitive skills are critical for focusing, learning, reading, memorising and problem solving. Studies have shown that children with better cognitive skills do better in school.

The right form of brain training can enhance our cognitive development.

Neeuro uses the most modern methods of brain training by combining neurotechnology brain computer interface and specially designed games.

Training and Enhancing Cognitive Performance



In our early years, our brains are still developing and we want to give it as much opportunity to grow. This is the best time to build a strong cognitive foundation that will help in school and in life. For example, being bad in math could mean weaker processing skills which can be enhanced with the right training in the Attention and Memory cognitive skills.

The SharpBrains Guide to Brain Fitness - <http://sharpbrains.com/book/>



ATTENTION

Gain a higher attention span to process new concepts and complete daily tasks easily



DECISION-MAKING

Make more mindful decisions by organising relevant information and outlining alternatives by training logic and reasoning skills



SPATIAL ABILITY

Relevant for daily tasks like driving, using maps and even exercising or playing sports



MEMORY

Having the ability to “Solve New Problems”, which is tightly linked to good working memory and also to make less careless mistakes



COGNITIVE FLEXIBILITY

Efficiently shift attention between one task and another

Memorie - How It Works

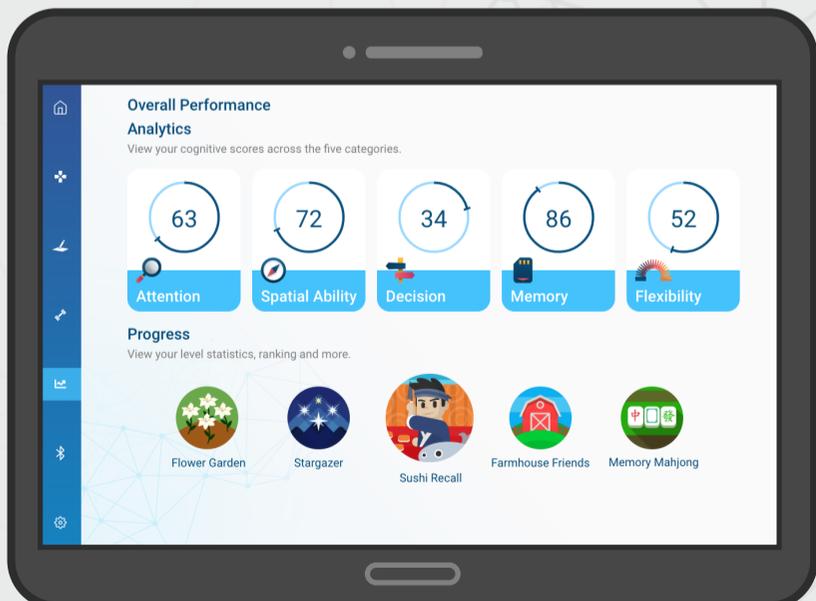
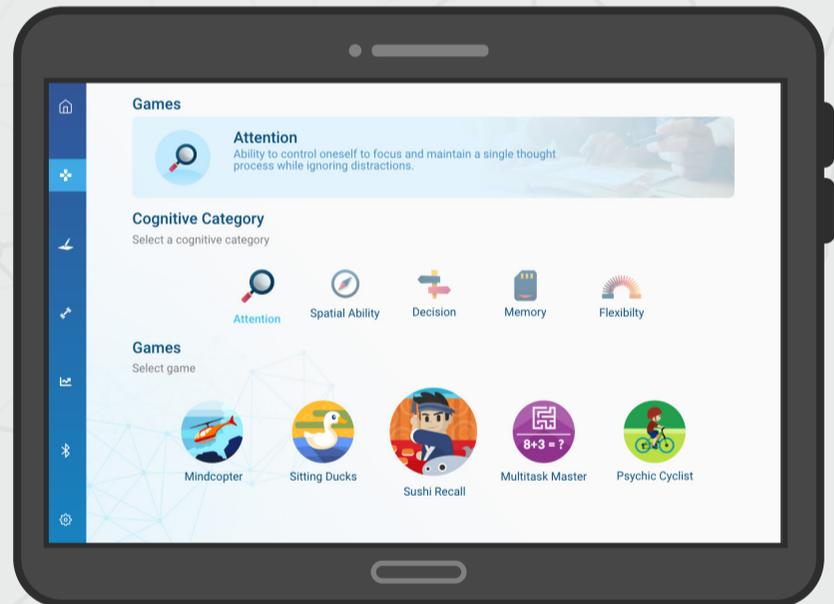
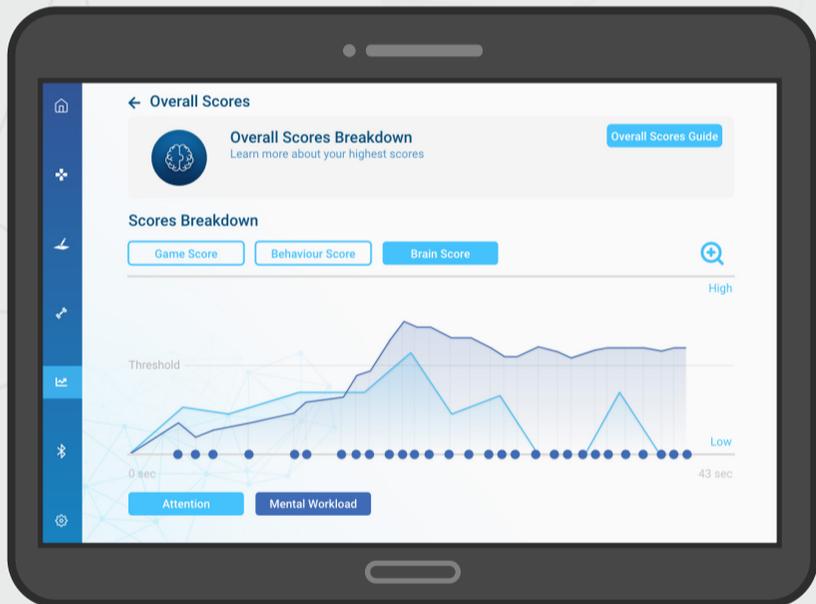


1

Neuro SenzeBand 2 provides real-time EEG data and mental states

2

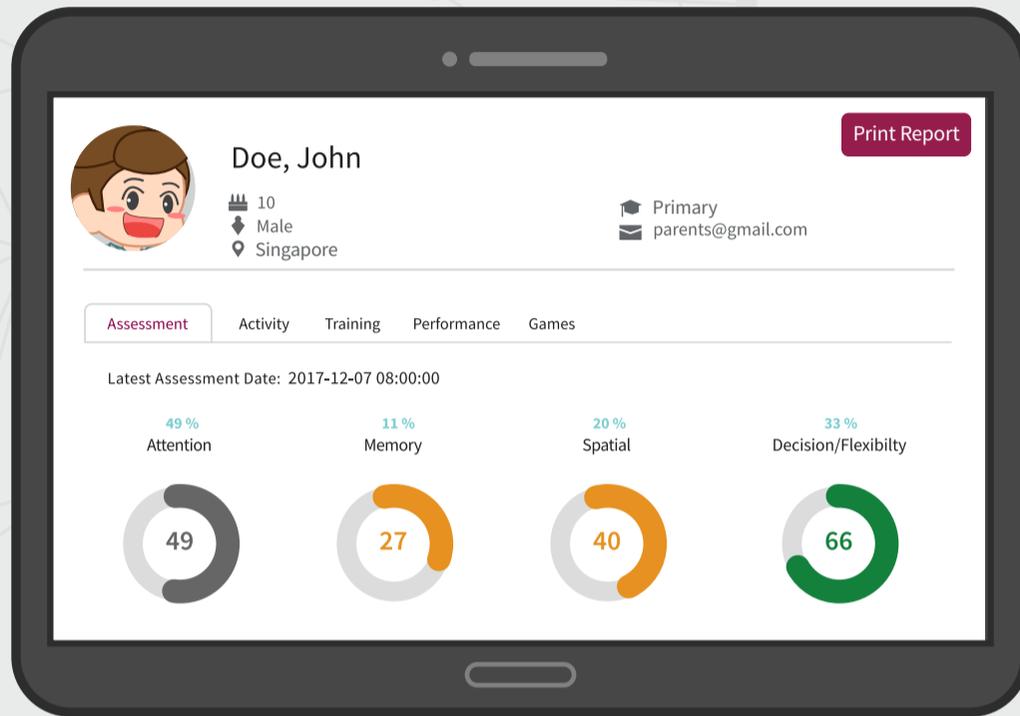
A collection of games designed by neuroscientists and game developers



Assess Your Performance

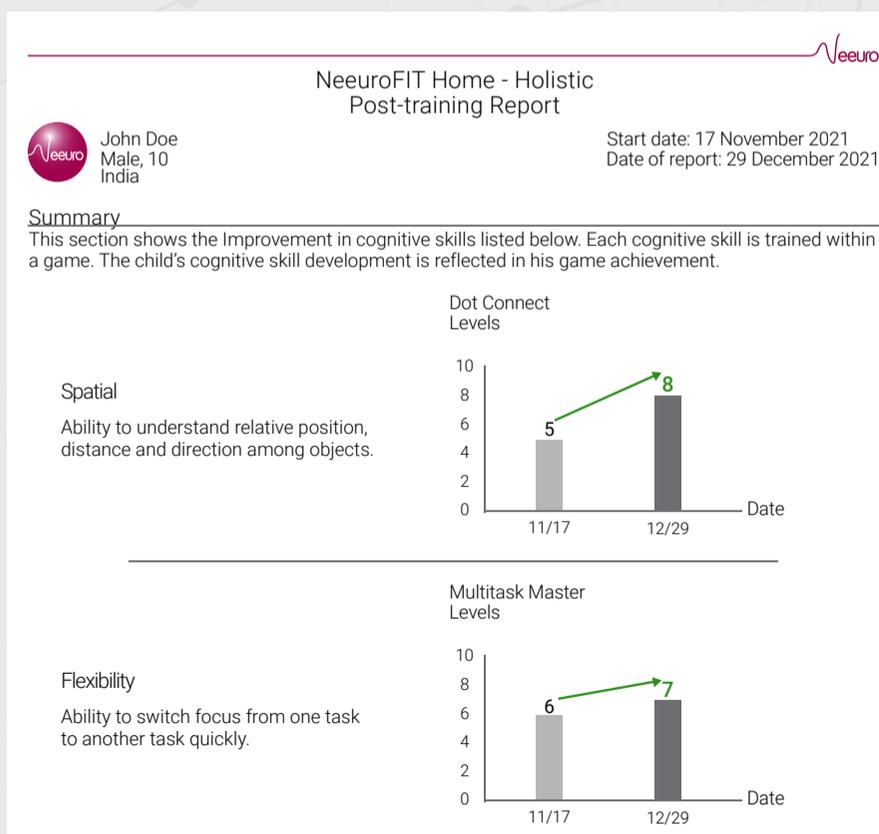
3

Each participant needs a unique profile that can track training details.

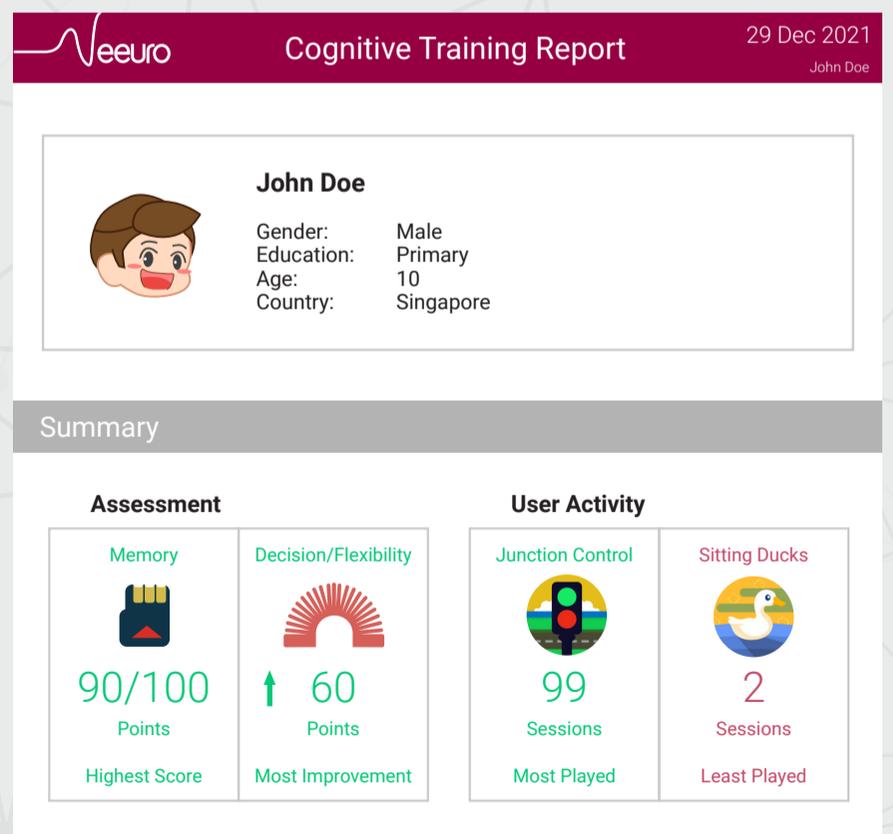


4

Assess, train and track cognitive skills and brain performance



NeuroFIT Home Report Sample



NeuroFIT Class Report Sample

NeeuroFIT Training Programs

In a fast-paced world, you need to keep your brains fit and healthy to withstand daily tasks and challenges. That's why we created various NeeuroFIT Brain Training courses - tailored to level up your Brain Fitness, helping you and your loved ones achieve a healthier mind.

Age Groups

Juniors



This course seeks to improve children's cognitive skills. Special emphasis is placed on attention and memory, that serve as the building blocks for children to excel on areas of learning such as Mathematics, Science and Languages.

Seniors



With NeeuroFIT for Seniors, cognitive decline that leads to mental illness may be avoided. NeeuroFIT offers opportunities to Seniors to keep mentally active and healthy.

Available Curriculums

Class

On-site course

Home

Online course

NeeuroFIT Class Training Program



Juniors

Seniors

3 age groups:
4 years old and below
5 to 7 years old
8 years old and above



55 years old and above

12 weeks



12 weeks

12 Sessions



12 Sessions

45 minutes per session



45 minutes per session

NeuroFIT Class Courses

Consisting of **4 distinct courses**, each course is made up of **12 forty-five minute sessions** and uses the different games in the Memorie application to train particular cognitive skills. There will also be **3 assessments** within the 12 sessions to monitor and track the training progress of each participant.



Foundation

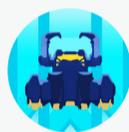
Establish basic cognitive abilities by training in **6 games** offering simple challenges in cognitive skills.



Sitting Ducks



Farmhouse Friends



Space 360



Supreme Shopper



Mindcopter



Psychic Cyclist



Developmental

Level up cognitive abilities with these simulated scenarios and games that train mental flexibility.



What's this Word



Who's Who



Sushi Recall



Junction Control



Mindcopter



Psychic Cyclist



Holistic

Advance course for experiencing the application of cognitive skills in a more complex, simulated environment.



Dot Connect



Multitask Master



Flower Garden



Stargazer



Mindcopter



Psychic Cyclist



Advanced

Train using **12 cognitive and attention booster games** that go beyond the progressive challenges to help maximize cognitive adaptations.



Pyramid Solitaire



Memory Mahjong



Mindcopter



Psychic Cyclist

NeeuroFIT Class Curriculum Breakdown



Complete Pre-Assessment

Take the assessment to get a baseline of participant's cognitive functions.



Engage in Cognitive Training

Throughout the curriculum, each course utilises **4 unique cognitive plus 2 attention booster Memorie app games** and **12 physical activities** within the 12 forty-five minute training sessions.



Complete Mid-Assessment

On **Session 7**, take the assessment to track and show the improvement of the participant's cognitive functions.



Complete the Remaining Training Sessions

Continue utilising the cognitive and attention booster app games, and physical activities to improve cognitive skills until the last training session.



Complete Post Assessment

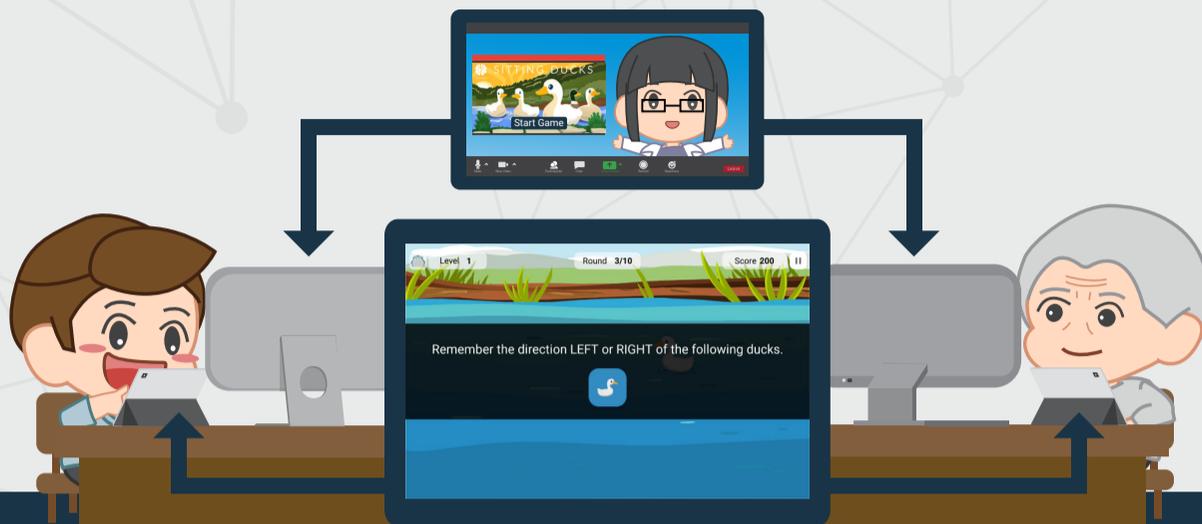
On **Session 12**, take the assessment to track and show the improvement of the participant's cognitive functions.



Analyze and Track Performance

For each course, Neeuro Enterprise Analytics can track progress and also produce regular reports for parents and educators.

NeeuroFIT Home Training Program



**NeeuroFIT Home requires 2 devices; one for attending the Zoom meeting and the other for playing the Neeuro Memorie App*

Juniors

Seniors

Ideal for:
7 to 16 years old



55 years old and above

12 weeks



12 weeks

24 Sessions/
twice per week



24 Sessions/
twice per week

60 minutes per session



60 minutes per session

NeuroFIT Home Courses

Consisting of **3 distinct courses**, each course is made up of **24 sixty-minute guided sessions** that runs twice a week for 12 weeks **via the Zoom app**. It uses the different games in the Memorie application to train particular cognitive skills. There will also be **3 assessments** within the 24 sessions to monitor and track the training progress of each participant.

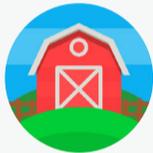


Foundation

Establish basic learning abilities by training in **4 games** offering simple challenges in cognitive skills.



Sitting Ducks



Farmhouse Friends



Space 360



Supreme Shopper

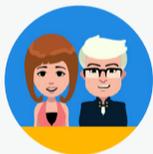


Developmental

Level up learning abilities by adopting cognitive skills in simulated scenarios and introducing games with mental flexibility.



What's this Word



Who's Who



Sushi Recall



Junction Control



Holistic

Advance course for experiencing the application of cognitive skills in a more complex, simulated environment.



Dot Connect



Multitask Master



Flower Garden



Stargazer

NeeuroFIT Home Curriculum Breakdown



Complete Pre-Assessment

Take the assessment to get a baseline of participant's cognitive functions.



Engage in Cognitive Training

Throughout the curriculum, each course utilises **4 unique cognitive Memorie app games** and **12 interactive activities** within the 24 sixty minute training sessions.



Complete Mid-Assessment

On **Session 13**, take the assessment to track and show the improvement of the participant's cognitive functions.



Complete the Remaining Training Sessions

Continue utilising the cognitive and attention booster app games, and physical activities to improve cognitive skills until the last training session.



Complete Post Assessment

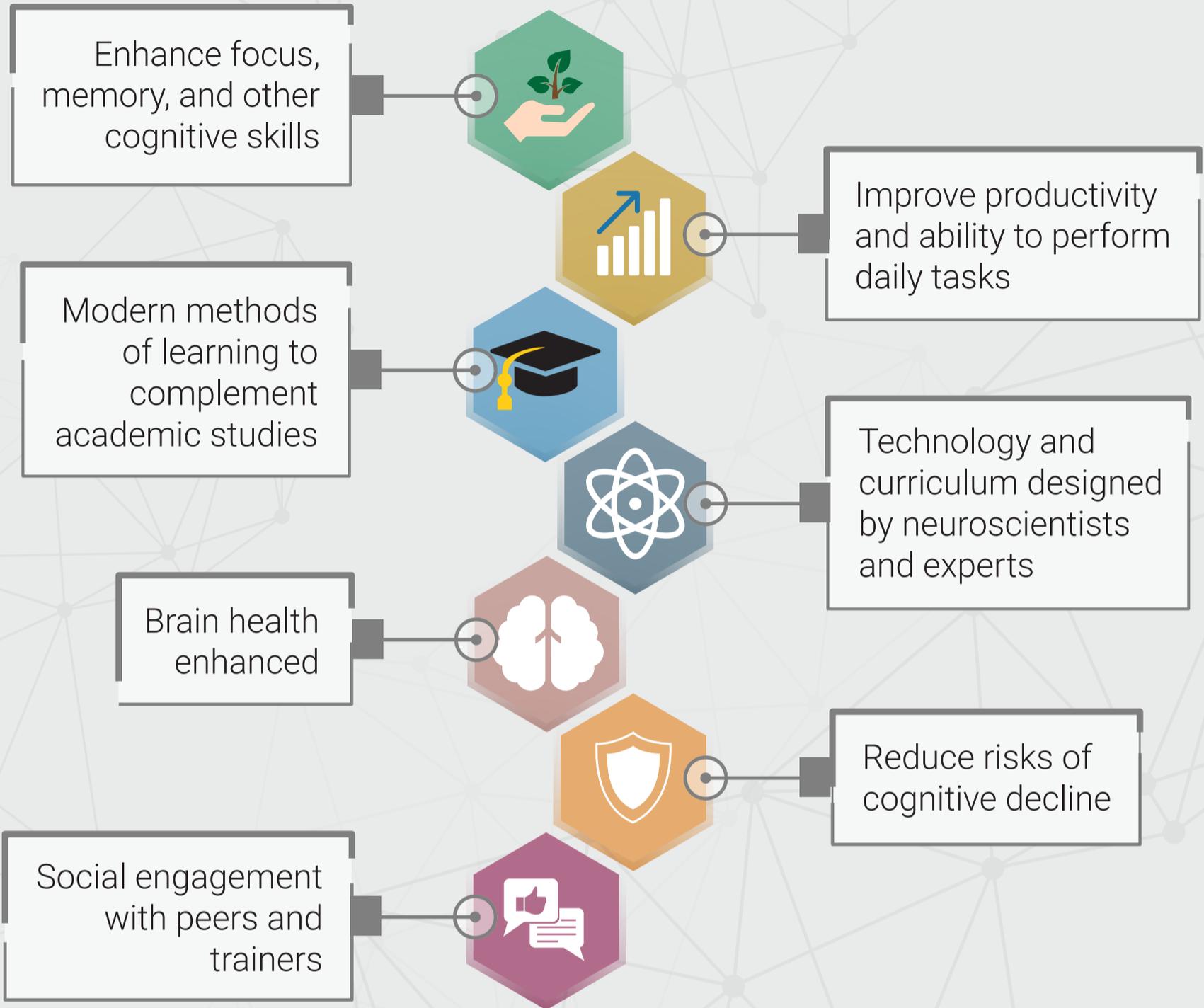
On **Session 24**, take the assessment to track and show the improvement of the participant's cognitive functions.



Analyze and Track Performance

For each course, Neeuro Enterprise Analytics can track progress and also produce regular reports for parents and educators.

NeeuroFIT Training Benefits



Contact Us

We take pride in our ability to change the lives of the people and create business opportunities. Partner with us today! Scan this QR code to get in touch with us now!



NeeuroFIT Partner: